

P: 4969 7115 E: ersstuckshop@gmail.com

Opening Hours – 8am Monday to Friday ALL orders MUST be in By 9am (No Exceptions)

Option 1 Brown Paper Bag taken directly to
Tuckshop CLEARLY MARKED with
Childs Name, Class & Break recorded on
each bag (1st or 2nd) ~ 1 bag per
break.

Brown Bag_supplied by Tuckshop - add 10c each

Option 2 Online Ordering

www.flexischools.com.au

Gluten Friendly GF

MEAL DEALS

Available Monday to Friday Both Breaks

- Chicken Chippie Meal Deal \$7.00
 6 Chicken Chippies + Carrot Sticks OR Corn Cob and Drink
- Lasagne Meal Deal \$8.00
 Lasagne + Garlic Bread and Drink
 Pizza Meal Deal \$8.00

Pizza (Hawaiian / BBQ Chicken /Ham / Cheese)

+ Garlic Bread and Drink

DRINKS	
Milk UHT 250ml (Chocolate / Strawberry)	\$2.50
Water 600ml	\$2.50
99% Juice Popper 250ml (Apple / Orange)	\$2.50

RICE PAPER ROLLS

2 Rolls per Serve

Chicken w/ Capsicum, Cucumber & Carrot **GF** \$5.00 Tuna w/ Capsicum, Cucumber & Carrot **GF** \$5.00

Vegetable – Capsicum, Cucumber & Carrot **GF** \$5.00 **Dressings Optional – Mayonnaise / Sweet Chilli**

HOT FOOD	
Corn Cob (with Margarine) GF	\$1.00
Garlic Bread	\$2.00
Lasagne	\$4.00
Butter Chicken w/Rice & Green Beans GF	\$4.00
Chicken Nuggets (4) w/ Carrot Sticks OR	\$4.50
Corn Cob GF	
Meat Pie	\$4.00
Sausage Roll	\$4.00
Homemade Kids Pizza	\$4.00
Cheese / BBQ Chicken / Ham / Hawaiian	
SAUCES Tomato / BBQ	\$.50

SANDWICHES	
Vegemite / Honey / Jam	\$2.00
Cheese (Sliced)	\$3.00
Tuna & Mayonnaise	\$3.50
Egg (Mashed) w/ Lettuce & Mayonnaise	\$3.50
Ham (Sliced)	\$3.50
Chicken (Pieces)	\$3.50
ADD – Each salad item	\$.20
Lettuce / Tomato / Carrot / Cucumber / Capsicum	
ADD – Each item	\$.50
Grated Cheese / Beetroot	
ADD – Boiled egg	\$1.00

Toasting - No Charge

WRAPS		
Dressing optional – Mayonnaise / Sweet Chilli		
Salad Wrap (NO Meat)	\$4.00	
Chicken & Salad	\$5.00	
Crumbed Fish w/ Lettuce & Tartare	\$5.00	
Chicken Chippies w/ Lettuce & Mayonnaise	\$5.00	
Ham & Salad	\$5.00	
ADD – Each item	\$.50	
Grated Cheese / Beetroot		
ADD – Boiled egg	\$1.00	

FRESH SALAD

Salad Tubs are made daily on site with Lettuce, Tomato, Carrot, Cucumber & Capsicum

Salad Tub (NO Meat) Small GF	\$3.00
Salad Tub (NO Meat) Large GF	\$4.00
ADD Each item	
Chicken / Ham / Tuna	\$1.50
ADD Each item	
Grated Cheese / Beetroot	\$.50
ADD – Boiled egg	\$1.00

Dressings Optional – Mayonnaise / Sweet Chilli

SNACKS	
Carrot Sticks (6) GF	\$.50
Popcorn Bag GF	\$.50
Salada (1) w/ Cheese & Tomato	\$1.50
Salada (1) w/ Vegemite	\$.50
Cheese & Crackers GF	\$2.00
Fruit (1) Apple / Orange / Watermelon GF	\$1.50
Boiled Egg (1) Peeled GF	\$1.00
Vanilla Yoghurt / Vanilla Custard Cup	\$1.50
Healthy Egg Snack Box GF Boiled Egg (1), Carrot, Capsicum, Cheese & Ri	\$4.00 ce Crackers
Healthy Hummus Snack Box GF Hummus, Carrot, Capsicum, Cheese & Rice Cr	\$4.00 rackers
Healthy Nikki Snack Box GF Hummus, Boiled Eggs (2), Carrots, Capsicum,	\$4.00 Cucumber
Fresh Fruit Salad – Small GF	\$4.00
Fresh Fruit salad – Medium GF	\$5.00
ADD Vanilla Yoghurt topping	\$.50
Plain Pikelets (2) w/ Margarine	\$1.50
Jam / Honey / Vegemite	\$.50
Chocolate Mousse GF	\$1.50
Mini Blueberry Muffin	\$.50
Apple & Cinnamon Muffin	\$1.50
Mini Banana Loaf	\$1.50

FROZEN TREATS

Please order 1st Break and collect during playtime on 2nd Break

Zooper Dooper GF	\$.70
Lemonade Icy Twist GF	\$2.00
Mini Calippo – Raspberry / Pine GF	\$2.00
Vanilla Ice cream Cup GF	\$2.00
Frozen Yoghurt – Mango / Strawberry	\$3.00
Watermelon Whizzer GF Frozen blended Watermelon in a cup	\$.50
Pineapple Crush Frozen crushed pineapple in a cup & yoghurt to	\$.50 pping

BEFORE SCHOOL MENU

8.15am to 8.45am

Toast w/Jam, Vegemite, Honey	\$1.00
Pikelets w/Marg, Jam, Honey or Vegemite	\$1.50
Fruit -Apple, Orange or Watermelon GF	\$1.50
Mini Blueberry Muffin	\$.50
Apple & Cinnamon Muffin	\$1.50
Mini Banana Bread Loaf	\$1.50
Vanilla Yoghurt	\$1.50
Water, Milks & Juices (see Drinks Menu)	\$2.50

The Tuckshop Menu is on the Eimeo Road State School website, & our Facebook group: Eimeo Road State School P&C Noticeboard

The Tuckshop is operated by the P & C.
We greatly appreciate volunteer help, which keeps costs down. For all enquiries, please contact the Tuckshop directly.

Call 4969 7115 or email ersstuckshop@gmail.com

We Thank You For Your Support