

18 August 2014

Dear Parents and Friends,

Thank you for the wonderful response to the Fun Run. There are reports about the day further in this newsletter. Congratulations to 4L for being the highest fundraising class, raising \$1840. Congratulations to all prize winners. Major prize draw winners are: Naseili 2TW Ipad, Bobby 2M Ipad, Zander PH Coles Myer voucher, Bailey PV electric scooter, Stephanie 5H Polaroid instant camera, Autumn Soccer table, Max 2K and Jett 1C scooters, Noah 4L slot car game and 40 other children won minor prizes.

This money will buy 1 Big A fan to install in our hall when it is enclosed. The hall enclosure process has commenced with a Project Manager being appointed and currently we are in the process of finalising drawings, so we are hopeful that all will go well to have this enclosed by February 2015.

Multicultural Day 2011

Our Multicultural Day has been a highlight for many students in past years. This year our annual Multicultural Day will be on Tuesday 16 September. The day consists of a class rotation of activities for year levels from 9am to 1pm and a concert in the afternoon. We have some activities and concert items organised, however if you would like to be part of this organising group or have a culture you would be willing to share please contact either Maud Corowa or myself at school on 49697111. We would very much welcome your input. A letter outlining the day's events and order form for the food for our Multicultural Day will come home in the coming weeks.

Enrolments now being taken for Prep 2015

If you have or know of any families intending to enrol at Eimeo Road School for 2015, please let them know that enrolment information packs and forms can be obtained by contacting our school office. Students born between 1 July 2009 to 30 June 2010 are eligible to enrol in Prep for 2015. Students enrolling will need to have a birth certificate.

Optiminds

Best wishes to our **Optiminds team** and Mrs Teong and Ms AhQuee for **Sunday 24 August, Opti-Minds Challenge** which will be held at Pioneer State High School.

This year the teams have entered the 3 sections of Science/Engineering, Social Science and Language Lit. Best wishes for a great long term presentation and spontaneous session. All family and friends are very welcome to watch the long term presentations

Northern Beaches Community Fun Day

The school has been invited to participate in the **Northern Beaches Community Fun Day** at Bucasia Esplanade on **Sunday 7 September from 11am to 2pm**. This fun event is free for all to attend, and this year the committee has organised lots of free activities for all to enjoy. Our school has a food stall selling donuts and the funds raised on this day will go to our school. Entertainment will also be provided throughout the afternoon. We are seeking the support of parents whose children are in the African Drummers group and Steel drums to attend and perform. Mr Covey will send home a note to these children.

Year 4 BIKE EDUCATION

Over the last two weeks, the year four students have travelled to Mackay PCYC to learn valuable road safety skills while bike riding. Skills which they have learnt include giving way at intersections, emergency stops, traffic lights, road sign usage, round-a-bouts and maintaining control while riding slowly. The instructors commented that they thought that the behaviour and attitude of Eimeo Road students was 'spectacular' and the students gained a certificate and a bike licence at the end of the course.



Year 3/4 writing assisted by "Whippet"



Thanks to Mr Barker, 3/4H was able to learn more about their word of the week by writing about it in context.

Mr Barker spoke nostalgically about his old 1927 Whippet. He was nostalgic because it belonged to his father who had bought it when he was 17 years old.

Tahlia Cambell

Prep Friendship Bench

A "friendship bench" has been added to the prep/one playground. The bench was inspirational idea from Sue Vains who realised, that at times, in our busy playground some young children need a place to sit



quietly whilst looking for their friends. Their friends may also be looking for them as well. The friendship bench is a place to meet and then go off and play together.

Thank you to Nicole and Peter Papoulis who

rescued this bench and then "upstyled" it for our prep playground.

"Furniture Upstyle"- rescuing and reviving furniture to create one-off pieces and also revamping your own old, tired furniture to create a new look for your home. Find them on "facebook" or email furnitureupstyle@gmail.com

Sailors with disabilities



Thursday 14 August was an exciting day for 8 specially selected students who were the guests of the crew from the Sailors with Disabilities racing yacht. The yacht competes annually in the Sydney to Hobart Yacht Race and is crewed, in part, by sailors with disabilities. They are an inspiration in terms of thinking about what people can do rather than what they can't do.

Swinging high in the boson's chair



Josh takes the helm!



The Crew

Year 5W

The children were required to write an anthem as part of their Curriculum to Classroom lesson. This is some of their completed work:

Eimeo has kind and loving children
Who work and never rest,
Students at Eimeo are a cultural mix
Eimeo is obviously the best!

(Jayden Smith)

From our warm and fuzzy classroom
To sick bay where we rest,
To the computer lab where we study
Eimeo is obviously the best!

(written by year 5W)

We're safe, respectful and responsible,
We are always nicely dressed,
The students here are kind and caring
Eimeo is obviously the best!

(Abigail Webb and Kodhi Radford)

In Cumberland we fight for pride
Of course we always beat the rest,
In sports and all the other fields,
Eimeo is obviously the best.

(Isaac Russell)

People come from the East and West
Because we study hard for the NAPLAN test,
We get a great education here at Eimeo
Eimeo is obviously the best.

(Isabella Crompton)

PE News from Mr Noel Reynolds

What a 'super' day the fun run turned out to be! After a soggy start to the Preps' race, a postponement to the afternoon, we were off and racing. Thank you to all of our students - you looked wonderful! The hard work fundraising and training in and out of class lessons paid off, as proven by the awesome final dollar tally and the fabulous running.

Exciting times have started for our year 3s to year 6s. As part of the school agreement with CQ Sporty Schools grant the school received this year, these students will be taking part in weekly sports and games with their classroom teachers. The 3s and 4s have begun sport/activities on Monday afternoons, with the 5s and 6s on Friday afternoon. The aim is to get our students moving and building a lifelong love of sport and movement by getting them to participate and learn a variety of games and sports in a fun situation. Thank you to the wonderful classroom teachers, without whom these programs could not run.

Congratulations to the following students : Delores Kumani, Alana Gee, Dylan Smyth, Narjic Martin. These students gained selection into the Mackey District athletics team to trial for the Capricornia team.

Rookies to Reds rugby union program starts Thursday 21st August after school. If your student is interested please contact the school office or sign up online at www.rookies2reds.com.au. The 5 week program costs \$60 and participants will receive a bag full of goodies as part of their sign up.

Congratulations to all who participated in the Super Hero Fun Run! Parent & community support has been fantastic. Donations received totalled just over \$22700 which will enable us to purchase a big fan (massive & expensive!!) for the hall when enclosed next year. Thanks to everyone!! After a wet start the blue sky came out for a great afternoon. The P&C shouted our very excited superheros a well-deserved ice-block. Thank you also to Mr Reynolds & Mrs Ralph (aka the Flash) for organizing a great event.

Thank you also to the following volunteers who helped to count and tally the fun run money and sheets over a number of days: Karen, Amy, Wendy, Darryl (aka Super-Bear), Annette & Christien.



News

P&C



Email: pandc@eimeoroadss.eq.edu.au

Uniform Shop & Banking Days
Fortnightly ONLY!



August 26th 8am – 9.30am
September 9th 8am – 9.30am
September 10th 4pm – 6pm



Online orders distributed every Tuesday!

**** Please label/name all school items!! ****

Donations of any outgrown items to the Uniform Shop, would be much appreciated.

Remember - Clearance Sale on Gabardine Skorts \$7, Mesh Polos \$10 & Mesh Shorts \$10!!! Don't miss out!!!

Term 3 Tuckshop Online Lucky Draw (via Flexischools) - a chance to win a \$5 tuckshop voucher in Aug & Sept just by ordering Tuckshop online!

Tuckshop Volunteers Roster for Term 3:

Week 6

Wed 20th Aug – Cindy Fitzgerald 5A; Deanne 1E

Thur 21st – Katie Simpson 4KT.

Fri 22nd – Jodie R 5G; Jocelyn Neal-Cary 3C; Miranda Elsey 6C

Week 7

Wed 27th - Tez Sharpe 3J;

Thur 28th -Jodie Menzies PP

Fri 29th – Jodie R 5G; Zora H 4LR Nicole Thompson 3A;

Toni G 1C

Please contact the tuckshop convenor Amanda Martin on Ph: 4969 7115 (tuckshop phone) or Mobile 0439 762 369 ASAP if you are now unable to volunteer as rostered.

Thank you for volunteering ☺



Eimeo Road State School P&C Noticeboard
Closed Group

P&C Meetings 3rd Tuesday monthly.
Next meeting 19th August 2014 @ 6pm in
The Admin Building Staff Room
EVERYONE WELCOME ☺

Music Notes

Congratulations to the members of our Concert band and String Ensemble for their performance in the Mackay Orchestras and Bands Competition at Mackay Christian College on Sunday. Both these groups performed very well, and were a credit to our school. Many thanks to those families who came and supported our students in their performances. Your presence was greatly appreciated.

Choir rehearsals for the 2014 Mackay Eisteddfod are underway. If you would like for your child to participate please see Mr Covey or Mrs Teong for a permission form. Stay tuned to 'Morning Notices' which will inform classes as to which choir rehearsal is taking place.

Jamaican Steel drums are rehearsing before school Tuesday and Wednesday mornings in order to perform for the Northern Beaches Community Day on Sunday September 7 at the Bucasia Beach esplanade. African Drummers will also be performing at this event along with Mrs New's Instrumental music students. Eimeo Road School students will be required to be at the esplanade no later than 1pm.

Just a brief reminder that Fife Marching Band is still running on Monday second break, Drum Kit Club: Tuesday second break; Guitar Club: Wednesday second break; African Drumming: Friday Morning. Eisteddfod performance times will be forwarded as soon as they become available,

Many thanks for your support of the music programs of Eimeo Road State School. Rob Covey.

Safe School Travel Group (SafeST)

Our school has recently been advised that Mackay Regional Council has begun road improvement works on Arana Drive near the intersection of Carl Street (Porter's corner). Traffic control and reduced speed limits will be in place and we ask that all parents with children who regularly use this drop off and pick up area, do so with extreme care. Council work takes place between 6am and 6pm and we expect construction to be completed in approximately 6 weeks, weather permitting.

*Please note that a zebra crossing or a supervised school crossing are **not** a component of these council works.*

The improvements include the filling of the open drain, construction of a foot path past the kindergarten and Marlin's to link with the Superclinic, and a median island and kerb ramp for pedestrians on either side of Arana Drive.

This is indeed good news for our school with provision of more car parking and an all-weather footpath being constructed in Arana Drive to make this area safer for all road users.

There is a layout plan of the MRC works and a copy of the Letter To Residents on display in the school foyer for anyone interested.

Look out, look out, there are children about !!!

DATES TO REMEMBER

Tues 19 Aug P&C Meeting 6pm

Sunday 24 Aug Opti-Minds

Fri 29 Aug – 5 Sept - Yr 6 Sovereign Hill/Canberra Excursion

Mon/Tue 1&2 Sept – Father's Day Stall

Friday 5 September Teacher Aide Day

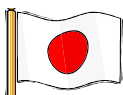
Sun 7 Sept Northern Beaches Community Fun Day

Wed 10 Sept Prep 2015 Information Session 1.45 & 6pm

Tues 16 Sept Multicultural Day

Fri 19 Sept Term 3 concludes

Japanese Club



In Japanese Club this term, we have been investigating the story of Sadako Sasaki – a young Japanese girl who spent many hours making paper cranes from her hospital bed, in the hope that her health would improve, and she could return home to her family and friends.



Sadako was one of the many Japanese children who suffered greatly when an atomic bomb was dropped on Hiroshima, Japan on the 6th August, 1945. Now known as 'Peace Day' or 'Hiroshima Day', the 6th August is a special day to commemorate the many lives that were lost. In Japan, cranes are a symbol of long life and happiness. Now, because of Sadako and her story, cranes have also become a symbol of peace all around the world. Students in Japanese Club have enjoyed the challenge of making their own origami cranes.

Pictured: Charlie-Bree, Isabella and Abbey with their origami cranes!



Library Matters

Children's Book Week 16 to 22 August 2014



This week we are observing Children's Book Week and helping our youngest readers to *CONNECT TO READING* by dressing up as a favourite storybook character. Prep, Year 1 and Year 2 students will be joined by visitors from our neighbouring Kindy to parade their creative costume ideas this Wednesday 20 August from 9:30 till 10:30 am in our "Hall".

This year's Children's Book Week Book of the Year Award winners are:

- Picture Book of the Year – "Rules of Summer" by Shaun Tan
- Early Childhood Book of the Year – "The Swap" by Jan Ormerod
- Younger readers' Book of the Year – "City of Orphans: A Very Unusual Pursuit" by Catherine Jinks
- Eve Pownall Award for Information Books – "Jeremy" by Christopher Faille
- Crichton Award for New Illustrators – "Big red Kangaroo" Graham Byrne, with text by Claire Saxby.

You can find all of the shortlisted books for this year's awards and the winners on display in Our Library.

Regards
Helen



Ph: 0418631432 or 49423035

Hi Everyone!

Did you miss it? Did you blink? Did you see it go past?

Term 3's half way through, and it went past fast!
The holidays will be here before you know
If you're kids get bored...PCYC's the place to go!
Whether it be for ten days, or six, or three or one
The activities we have planned are super fun
It's action packed and the kids have a ball,
Upstairs, in the Playground or in the Hall.
Between 6.30 and 6 we'll keep your kids busy
Enough games and activities that'll make us adults dizzy
They'll be so busy, they won't have time to be bored
They'll sleep well that night, rest assured
We've got wheels day, camping and miniature trains,
Laser tag, movies and teddy bears again
Make your own pizza and music video
I TOLD you PCYC's the place to go
We've got Messy day and wet day with a water slide
Professional photos that'll burst you with pride
We have canteen and bus rides and parks galore
It'll be so much fun they'll be begging for more!
If this sounds like the thing for you,
Pop on down and see Fro or Sue
The forms are ready for you today
We look forward to seeing you on the holiday

Mackay District Junior Rugby Union 2014 Season **It's Time to get into Rugby!**

Starts Friday **29th August**

10 week season (with three week break over September School holidays)

Friday Night **Games** at Quarry Hill & Saturday **Carnivals** in Proserpine and Burdekin (see draw over page)

\$150* player registration includes MDJRU **training kit** of shirt, shorts and socks valued at over \$75

(*Discounts for Siblings, Rookie to Reds & Country Muster Players and Qld Government 'Get Started' funding available)
Stay up to date by liking our facebook page, search "**Mackay District Junior Rugby Union**".

Visit our website www.mackayjunior.rugbynet.com.au.
Contact us at mdjru.registrar@outlook.com

U6s (2008, 2009): 4pm til 5pm

U8s (2006, 2007): 4pm til 5pm

U10s (2004, 2005): 4.30pm til 5.30pm

U12s (2002, 2003): 5.30pm til 6.30pm

U14s (2000, 2001): 6.30pm til 7.30pm

Female U15s & U18s (2000 to 1996): 6.30pm til 7.30pm

U16s (1998,1999): 7.30pm til 8.30pm



Twilight City
imagine more

Now Showing
Despicable Me 2

Mackay Street Party
Wood Street
16 August
4-8pm

A **FREE** family event

Opportunities to **win thousands of dollars** in City Centre Cash

Outdoor Cinema
(showing *Despicable Me 2*)
with grass area & meet the Minions

Photo booth & photo wall

Twilight marketplace
(local retailers, restaurants & cafés)

Variety of **live entertainment** & roaming performers

Kids Activities including arts & crafts
...and much much **more!**

To find out more about this **FREE** event
visit www.mackaycitycentre.com.au
or call 1300 MACKAY (622 529)

Queensland Government
Mackay
Mackay City Centre
imagine more

Science Operations Officer

MACKAY NORTHERN BEACHES SENIOR HIGH SCHOOL

The Role Description and Applicant Information Packages can be located by accessing Smart Jobs and Careers at the following link <http://www.smartjobs.qld.gov.au> or <http://www.jobs.govnet.qld.gov.au>. To find the vacancy type the JAR number **CQR20385/14** in the **'Key Word Search'** box and click **search**

Cleaning Position

MACKAY NORTHERN BEACHES SENIOR HIGH SCHOOL

23 Hours Per Week

Apply by:

- Addressing the key attributes
- Provide a current resume
- Provide the names and contact details of 2 referees.

Applications close COB Friday 22nd August 2014.

Brisbane Roar coaching clinic

The Brisbane Roar F.C. coaching team will be doing a coaching clinic at Wanderers Park Ben Nevis Street Beaconsfield on Wednesday 17th September from 4.30pm to 7.30pm. This is the only Roar development course held in Mackay this year and it will be split into 2 groups 5 to 10 year olds and 11 to 15 year olds. To register go online at www.roardevelopment.com.au as numbers are limited. As an added bonus the A league premier's plate and Grand final trophy will be at the club house for photos and viewing. Come along everybody, this is a great opportunity.



INSIGHTS
by Michael Grose - No. 1 parenting educator

Kids shine with tough love parenting

...research suggests that if parents want kids to develop the characteristics to succeed, then they should default to authoritative or tough love parenting.

Children with parents that use a tough love parenting approach are best prepared to do well in life, according to a recent British study.

Kids that experience a mix of discipline and warmth are more likely to develop important character traits, such as self-regulation, empathy and application by the age of five than parents that use permissive, authoritarian or disengaged styles.

The Millennium Cohort Study involving 9,000 UK households, found that while family structure and parent income levels impacted on children's development, it was parenting style that had the greatest influence on outcomes for kids.

An analysis of school results is revealing: One quarter of kids with authoritative parents were in the top 20 per cent at school. Next came permissive parenting with 18 per cent, 15 for authoritarian and 11 per cent of this top cohort going to kids of disengaged parents.

Parenting style is not necessarily fixed. It changes over time according to children's needs, our well-being and their ages. Common sense suggests parents need to be stricter with some children than with others and there will be times when parents need to adopt a more permissive approach.

Certainly parental mood and well-being contributes to how parents respond to kids. But most parents will default to one style. Recent research suggests that if parents want kids to develop the characteristics to succeed, then they should default to authoritative or tough love parenting.

Here are 10 tough love parenting strategies to use in your family:

1. Set **limits and boundaries** that expand as kids get older and become more capable. Boundaries make kids feel secure and teach them how to behave well.
2. Use a **negotiable style** with children according to their age and stage of development. Parents also need to realise that not everything is up for negotiation. There are times when the word "no" needs to be heard as parents act in the best interest of their kids.
3. Use **consequences** and other tools to teach kids to behave well and develop a sense of personal responsibility. Resist the temptation to let kids off the hook when they do the wrong thing. Firm, but fair, is the key here.
4. Put **family rituals**, such as shared mealtimes, in place to make sure you interact regularly with your kids.
5. **Praise** kids for improvement, effort and contribution rather than their ability at school, in sport and other areas of their lives. Focus your positive comments on their participation rather than the results of what they do so kids learn that trying and persistence are important.
6. **Recognise cooperative behaviour** with positive attention such as praise, physical touch and rewards and **minimise negative behaviour** through a range of measures such as ignoring and using consequences.
7. Teach kids the skills needed for **independence** from an early age so they learn to look after themselves. Avoid regularly doing things for kids that they can do for themselves.
8. Adopt an **open communication style** in your family where kids learn that there's nothing so bad that they can't talk about it.
9. Encourage a sense of **empathy** in children by recognising their emotions and giving them permission and assistance to talk about their feelings.
10. Encourage **generosity and kindness** in your kids. They do this by sharing toys and other items, helping others and doing chores that benefit their family. This sense of community that authoritative parenting promotes is the real strength of the style.

At a time when a parent's voice can be drowned out by the din of modern life, this research is a great reminder that it's effective parenting not media, celebrities or peers that have the greatest impact on future outcomes for kids.

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Mackay Northern Beaches SHS Final Enrolment Information Night

This is the final Information night for this year for potential students to MNBSHS in 2015. It is on **Wednesday 20th from 5:30-6:30pm in Lecture Theatre**. It is aimed at Yr 6 students, however, families wanting information on the other year levels are welcome to attend. Enrolment Packs are available now from either the MNBSHS Office or website, or on the evening. ALL Year 6 Enrolment forms should be submitted by end of this term! Scholarship information will also be available at this information night as well.

Please register your intention to attend by phoning: 4842 1333 or emailing:

enrolments@macknorthbeachesshs.eq.edu.au

See MNBSHS website for any additional information:

www.macknorthbeachesshs.eq.edu.au